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Hello Ability First Supporters,

We are proud to announce our return to in person programming **this** summer! We are hosting an **Ability First Sports Retreat June 16th-19th** and we are **welcoming all ages** of participants to join. We are bringing all of your favorite sports to Chico for this unique event. This event will be different from previous years, though we will be keeping the same camp spirit!

These differences include:

- All ages of participants with a physical disability are welcome- youth (with a parent or guardian) or adult!
- Overnight accommodations will not be provided, but we have secured a room block at a discounted rate at the Holiday Inn Express in Chico.
- Transportation is not included, but we plan on having options for adults (rideshares, carpooling, etc.) and other accommodations for youth with parent or guardian permission

**The Retreat cost is \$500 per attendee-** this includes specialized coaching and guidance from our world class coaching staff, access to Ability First's sport equipment, programming for 4 days of activities, and meals (lunch, dinner, and snacks).

If booking through the room block, hotel fees **would total \$624.00**. The hotel room is optional, and you do not have to stay there to join in on the fun. We plan on having some of the classic evening activities from camp -skit night, our rugby game, and of course, karaoke!

We highly encourage participants to join us for the entire 4 days in order to experience each of the sports-water skiing, rugby, basketball, and more! If it is not possible to attend all days, please reach out to our team to discuss special arrangements.

We ask that all participants please fill out this Registration Form ([linked here](#)) to show their interest. Updates about the retreat will be sent via email and social media posts, so be sure to follow Ability First Sports on Instagram and Facebook.

There are a few more ways to get involved:

- Spread the word! We'd love to have a mix of both youth and adults at the Retreat, so get the word out to your network and invite the next generation of the Ability First family.
- Donations would be greatly appreciated. Your generous donation would have a direct impact on each participant! Please donate [at this link](#)
- Volunteer opportunities are available. If you have any ideas on how to help (sponsorships, vendor relationships, outreach possibilities) please let us know!

For any questions, please contact [elissa@abilityfirstsports.org](mailto:elissa@abilityfirstsports.org) or find us on social media. **We can't wait to continue Ability First's mission of world class sports and physical activity in 2022!**