



Athlete's Name: _____

2018 Medical/Athlete Information Form

Ability First Sports Camp 2018! It is **CRUCIAL** that this form be filled out with as much detail and accuracy as possible. By doing so, we are able to hire and place the appropriate staff with each athlete, and allow the nursing staff to provide accurate daily medical needs and to place your athlete in the correct level of sports/programs. Our #1 goal at Ability First is safety! Please take your time filling this form out and think about all the information that would be beneficial to us.

Thank you for taking the time to fill out this form. Respectfully, The Ability First Staff

1- Returning Camper: Yes No **If yes how many years?** _____

2- Athlete's Name: _____
Gender: M F **Age:** _____ **Date of Birth:** _____
Disability: _____

3- Parent/Guardian

Name(s): _____
Address: _____
City: _____ **State:** _____ **Zip:** _____
Home#: _____ **Cell#(s):** _____
Work#(s): _____ **Fax#:** _____
Email: _____

4- Emergency Contact: #1

Name: _____ **Relationship to Athlete:** _____
Home#: _____ **Cell#** _____
Address: _____
City: _____ **State:** _____ **Zip:** _____

Emergency Contact: #2

Name: _____ **Relationship to Athlete:** _____
Home#: _____ **Cell#** _____
Address: _____
City: _____ **State:** _____ **Zip:** _____

5- What are the symptoms of the athlete's primary disability?

6- Secondary disability(s)? Yes No **If yes explain:**



7- Any Mental Retardation? (circle correct level) **MILD - MODERATE - SEVERE** and/or
 OTHER (examples; ADD, ADHD, LD, Autism, etc...) _____
Explain symptoms: _____

8- Any Psychological concerns?
 Depression **Anxiety** **Panic Attacks** **OCD** **Other** _____
Explain symptoms: _____

9- Any language barriers we need to be aware of? **Yes** **No**
If yes explain: _____

10- Any vision problems? **Yes** **No** **Glasses or contacts** (circle one if it applies)
If yes explain diagnosis & limitations if any: _____

11- Can the athlete follow multi-step instructions? **Yes** **No**

12- History of seizures? **Yes** **No** **Date of last seizure:** ____/____/____
Type(s): _____
Frequency: _____

Does athlete have warning before seizure (aura)? **Yes** **No**
Symptoms: _____
Physical/mental symptoms before a seizure: _____

Physical/mental symptoms & length of recovery after a seizure: _____

13- Describe any past illnesses and/or surgeries that apply to your athlete's disability:
Date: ____/____/____

Date: ____/____/____

Date: ____/____/____

14- Athletes assistive devices, if any: **manual wheelchair** **power wheelchair** **crutches**
 walker **AFOs** **glasses** **brace (limb, torso, etc.)** **Other** _____

15- Bringing any adaptive sports equipment? **rugby chair** **track chair** **tennis chair**
 hand bike **Other** _____

16- Can the athlete bear weight? **Yes** **No**

17- Transferring and balance...
Chair/walker to bed? **Yes** **No** **Partial assist** **Full assist**
Floor to chair/walker/bed? **Yes** **No** **Partial assist** **Full assist**
Chair/walker to toilet? **Yes** **No** **Partial assist** **Full assist**



Can sit up straight without assistance (on couch, dining room chair, etc.)? Yes No
Pickup fallen objects? Yes No

18- Can athlete feed themselves? Yes No Can athlete eat with utensils? Yes No
Can athlete drink from a cup? Yes No Can athlete drink with a straw? Yes No

19- Can athlete get from one point to another in a timely manner? Yes No

20- Can athlete manage uneven surfaces? Yes No

21- Does athlete fatigue/get tired easily or can they keep up a good energy level during a long day of activity?

22- Sports and leisure interest:

23- Circle the Activities of Daily Living (ADL's) that the athlete can do INDEPENDENTLY. *change clothes – bladder care – bowel care – brush teeth – bathe – shoes on & off – make bed-pickup/clean room – brush hair – pick out clothes – wash hands – personal hygiene –put shirt on or off – pull pants on or off – feed self- sort laundry*

24- Does athlete have a bowel/bladder program? Yes No
If yes, explain in detail: _____

25- Any additional hygienic needs beyond bowel and bladder care? Yes No
If yes, explain in detail: _____

26- Any allergies to medication, food, environment and/or bee stings...? Yes No
What allergen & reaction: _____

27- Special instructions and any other important information we should know: _____

28- Athlete's medical insurance:
Company name: _____
Insurance carrier: _____
Member ID #: _____ Group #: _____
Primary Physician: _____ Phone #: _____
Medicare? Part A Part B Part D SSN# _____ - _____ - _____



***Please attach a photocopy of athlete's current medical card(s)!**

Medical Waiver

I, _____ give permission for my minor (for whom I have guardianship)
_____, to participate in Ability First
Youth Sports Camp (minor's name) (Ability First). Should it be necessary for the participant to seek
emergency care, I hereby give Ability First employees permission to use their judgment on the need for
medical services. I authorize any emergency personnel/physicians or hospital staff to perform emergency
treatment to the participant. I understand that all medical costs are the responsibility of participant's
insurance, guardian, or participant themselves. Ability First is not responsible for any medical cost.

Signature of parent/guardian

Date

Contact info:

camp@abilityfirstsports.org

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